



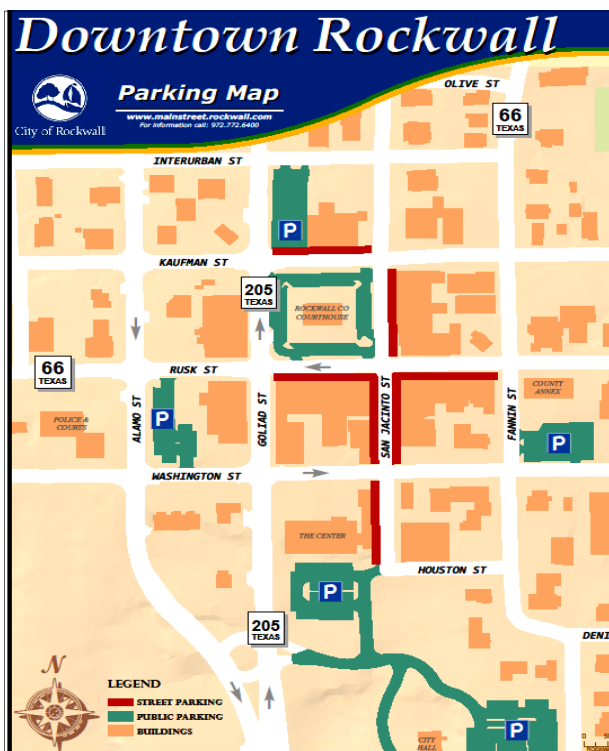
ROCKWALL CITY NOTES

A Monthly City Publication

February 2012

Downtown parking lots available

Main Street Manager Bethany Golden and the merchants in Downtown Rockwall want visitors to the area to know there are several off-site parking lots available if they can't find a parking space on the square.



The revival of downtown as a unique destination area has greatly increased downtown business. People come for great shopping, good food and an array of year-round special events. That combined with a better business climate sometimes means no available parking spaces mostly at peak times in front or very near to the destination. But there are nearby parking lots to handle overflow.

As shown on the map at left, the areas in green (P) are available to the public and most are within a short walking distance of the retail shops and restaurants.

"We are super excited about all of the great dining and shopping experiences downtown, and we hope that our customers won't be discouraged if there is no parking directly in front of their destination," she said. "We hope they will use the various parking lots in and around the downtown square—it's worth the short walk!"

Reminders

City Watering Dates (Stage 3 of Drought Plan)

Water every other Saturday.
Odd/Even numbers of last digit in your address determines the Saturday to water.

Even: 0, 2, 4, 6, 8

Odd: 1, 3, 5, 7, 9

February 2012

S	M	T	W	T	F	S
		1	2	3		4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2012

S	M	T	W	T	F	S
			1	2		3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Stage 4 Water Restrictions: Not Yet

Directors of the North Texas Municipal Water District were scheduled to meet January 26 to consider canceling enacting Stage 4 Drought Plan restrictions due to:

- Better long-range forecasts for rainfall
- Slightly more water in Lake Lavon
- Possible purchase of 60 million gallons of water a day from Dallas
- Increasing success of conservation efforts

But water customers in this region, including Rockwall, must continue following Stage 3 restrictions, which only allows watering every other Saturday based on addresses.

"It is still vitally important to save water," said interim City Manager Rick Crowley. "The cancellation of Stage 4 in the near future is not only based on the above improvements, but also on the assumption that water customers will continue to save our water. If not, they could enhance Stage 3 or go to Stage 4."

Stage 4 restrictions would prohibit use of sprinklers on lawns or landscaping. Only watering of foundations and trees by using soaker hoses or drip irrigation would be permitted. Stage 4 could still be needed, but the latest information indicates improving conditions.

Municipal Election

February 6 is the first day to file to run in the May 12 General Election.

Council members Cliff Sevier (PI. 4) and Margo Nielsen (PI. 6) have termed out and can't seek reelection. Council member Mark Russo (PI. 2) has announced he will seek another two-year term.

Early voting is April 30-May 8.

The last day for candidates to file for a place on the ballot is March 5.

Information packets are available and paperwork must be filed with the City Secretary on the 3rd floor of City Hall, 385 S. Goliad or online at: www.rockwall.com/citysecretary.

Around Our Town

Seniors: Keep it moving!

Exercise is now a way of life for Anita Massey – and she hopes others will join her.

“I believe in it!” said the 72-year-old exercise instructor for the City of Rockwall’s 55+ class at The Center. “I’m not a teacher, I’m a leader. I want people to know what exercise has done for me.”

What it’s done, she said, is kept her from being hungry all the time, helped her drop about 30 pounds and kept her mobile.

“I was close to using a cane or a walker,” she said. “I want people to know what they can do if they set goals. I set my own goals. It takes about a month to see results, and it is a lifetime change.”



Anita Massey leads her 55+ class in an exercise program. The class is offered Monday, Wednesday and Friday from 8:30-9:30 a.m. at The Center.

Monday, Wednesday and Friday from 8:30-9:30 a.m. the Heath native leads a group of senior citizens in an exercise program, which includes some weight lifting. Her classes can range from 10 or 15 up to 45 people. Age wise, Ms. Massey says she is “in the middle.”

“I have some close to 90 and some that have to do chair exercises and can’t use weights – but that’s ok. The main thing is that they’re getting out and they are moving around,” she said.

She was thrilled when some of her class said they wanted to walk with her on Martin Luther King Day when The Center

was closed.

“They asked because they didn’t want to miss an exercise day. That was so nice. We met at Harry Myers Park and walked about 1 1/3 mile together,” she said.

Anita uses the elliptical machine at The Center before and after her three classes to further help herself. “I need to move the joints.”

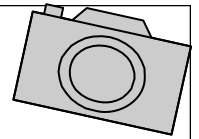
More than two years ago, she gradually took over the class led by Georgia Lambert who was moving from Rockwall.

“I have no training at all. I learned from Georgia and saw what it did for my body,” Anita said. “I do check with a therapist sometimes to be sure I’m doing it right, and I’ve learned a lot from a TV show on Channel 13.”

Anita joined Georgia’s class at the suggestion of her sister.

“Walking just wasn’t doing it for me,” she said. “When I saw Georgia and learned she was, I think, in her 80s then, I figured if she could do it, I could do it!”

Holiday snapshots



City+Christmas+Kids = Loads of holiday fun!

(1) Amber and Kinsley Chesser visit with Santa at his annual breakfast; (2) Luke Mitchell tells his Christmas wishes to Santa; (3) Elora Delaquil admires her Gingerbread House masterpiece; (4) Sean Simmons adds some finishing touches to his great Gingerbread House; (5) Artistic Sela Cox and Macey Minter enjoy the Cookie Craft Craze. YUM!

Pet Post

2011: 1,822 animals taken in
1,159 were adopted
349 returned to owners
284 were euthanized
LIVE OUTCOME: 84.5%

Dec. 2011: 138 animals taken in
149 were adopted
3 were euthanized
LIVE OUTCOME: 97.9%
(1st time adopted more than intake)

94.9%-Live Outcome rate since the program was adopted in September 2011